

Journal homepage: http://iieta.org/journals/ijsdp

Energy Optimization and Environmental Impact of an Office Building at Biskra City, Algeria: Life Cycle Assessment, Applied to the Building Envelope in Hot and Dry Climate



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 https://doi.org/10.18280/ijsdp.160208
 ABSTRACT

 Received: 27 November 2019
 This work assesses the environmental impact generated by an office building in arid region

Accepted: 14 January 2021

Keywords:

building environmental impact, life cycle assessment (LCA), energy efficiency, building envelope, recycled materials, thermal insulation system, arid region

throughout its life cycle (cradle to grave), by means of a Life Cycle Assessment (LCA). This study focuses on a comparison of different external wall systems that are conventionally used in building. With recycled materials and thermal insulation system, it's possible to reduce demand of energy consumption, evaluate their environmental indicators impacts, and also reduce them, throughout the building life cycle. In doing so, this work can contribute not only to control energy, long-term economic growth, but also to address pressing social issues, and mainly environmental impacts. We use an environmental analysis with a thermal dynamic simulation, to test the hypothesis on a data base of hot and dry climate of Biskra city. The last part consists of a technical approach, indicating the economy is the use of ecological and recycled materials. The results of this study show that the exterior insulation system, obtained the best environmental scores, being 30% less than the interior insulation system and 50% less than the distributed insulation system. Also, recycled materials save energy in their manufacture, and building energy consumption for its use and have a reduced building impact on the environment throughout its life cycle (cradle to grave). This work shows how LCA application is not only feasible, but recommended because it is a decision support tool in the search for sustainability and make use of recycled materials.

1. INTRODUCTION

"Development that meets the needs of the present without compromising the ability of future generations to meet their own needs", it's the definition of 'Sustainable Development' adopted by the international community, in his report Our common future published by the World Commission on Environment and Development (WCED) [1]. The Brundtland Report developed guiding principles for sustainable development as it is generally understood today. It is an approach applied to decision-making, requiring diverse and united actions in the various sectors of the economy, environment, health, agriculture, construction and building, etc. Building is the most energy-intensive sector in the world, exceeding 45% of total energy consumption, with 50% of total exploited natural resources [2]. The key issues are therefore to reduce energy consumption in this crucial sector, as well as its environmental impact. Emissions of building-related pollutants are also high; both in air (30% of total emissions of CO², greenhouse gases), and in water with more than 40% of product waste [3]. Then, it's important to improve the energy performance of buildings, and to have multi-criteria tools, sufficiently reliable, to highlight the sources of environmental (greenhouse effect. eutrophication. impacts water consumption...), throughout life cycle building)" cradle to grave" [4].

This paper exposes, a life cycle analysis LCA carried about an office building, the Urban Agency of Biskra (Algeria). Our objective is to conduct an accurate quantitative assessment of the environmental impact of this building) [5], throughout its life cycle, allowing designers to make the most consistent choice (green building materials, building systems, HVAC system and energy, etc.) in relation to their sustainable building objectives [6].

The oil crisis, the significant increase in the prices of fossil fuels, as well as the awareness for certain phenomena affecting the environment such as: global warming, the depletion of some natural resources, and damage to terrestrial and marine ecosystems, have led to a desire to significantly reduce energy consumption related to the use of buildings (Heating, Air Conditioning, Ventilation, and Lighting, etc...) [7, 8]. Also, energy requirements in the building are reduced mainly by good insulation and high performance sealing to attain the BBC low-energy building objective). Additionally, increasing the thermal performance of a building implies both a multiplication of components of its envelope. This becomes a priority consideration in reducing the environmental impacts of the building [9]. This work is part of this line of action, enabling the design of thermally efficient, energy-saving building, and respecting the environment through the use of environmentally friendly materials and recycled materials.

2. LIFE CYCLE ANALYSIS METHODOLOGY

Life Cycle Analysis is a scientifically recognized and standardized methodology used to assess the environmental impacts of a product, or process, from the extraction of raw materials to its end-of-life treatment (landfill, recycling, etc.)" cradle to grave" [10]. Life Cycle Analysis of product is mainly associated with objectives of certification, diagnosis of the existing, evaluation of an existing and frozen situation [5]. However, the life cycle analysis of buildings [11] will be oriented towards objectives of system evolution, analysis of public policy of housing, public buildings, offices, hospitals, schools, etc..., decision aid and environmental impact assessment [12]. It consists at four 04 phases: construction, use, renovations, and end-of-life [13] (Figure 1). The limit of the analysis: from the realization of the building until its end of life through the phases of use and renovations; the demolition consists in allowing the recovery and the recycling of the materials resulting from this operation. it is specified that LCA for our case supports only the building materials from the phase of realization of the building until the end of the life of the latter, and does not take into account the extraction of raw materials and the manufacture of materials and their transport to the construction site.



Figure 1. Phases of the life cycle of a building



Figure 2. Framework for a life cycle analysis

Also, the results of this life-cycle analysis are leveraged by identifying directions for improvement proposals, strategic planning, public policy, marketing, etc.

The most important challenge of the Life Cycle Analysis approach [14], are: identify, avoid, eliminate the main sources of environmental impacts, where appropriate, to minimize them and to arbitrate the movements of pollution linked to the various alternatives envisaged [15]. The aim of this study is to obtain results from a comparative life cycle analysis [16] between several exterior wall configurations [17], which will: **a)** Quantify all energy consumption (air conditioning, heating, ventilation and lighting, etc.).

b) Make energy optimization that will determine all environmental impacts during building life cycle.

c) And so assess the building's environmental adaptation in relation to the hot and dry climate context.

This method is based on a 4-step approach (Figure 2).

3. BISKRA, STUDY CONTEXT

Our choice of tertiary architecture for energy and environmental studies through a "Life Cycle Analysis LCA of buildings" approach stems from reasons [18]:

- a. Office buildings draw, urban silhouette.
- **b.** It is the world's largest energy user, with more than 42% of total energy consumption in Algeria.
- **c.** Office buildings are also responsible for greenhouse, gas emissions, and other environmental impacts.

Biskra is representative of all Algerian cities, of arid regions with a hot and dry climate. This zone D called the Pre Sahara Zone [19], and whose climate is distinguished by:

- 1. Maximum temperatures are recorded in summer, July and get to 45.2°C.
- **2.** Minimum Temperatures are recorded in winter with 2.2°C in January.
- 3. Strong insulation exceeding 3500h/year.
- 4. Intense direct solar radiation up to 900 to 1100 W/m^2 .
- 5. Relative humidity remains low at 27%.



Figure 3. Building, study case

The Urban Agency of Biskra (Algeria) is a new construction, following an architecture competition in 2012. It presents a multiple architectural language using standard constructive materials, and techniques systems (concrete structure, exterior masonry in terracotta bricks, coatings, wood, ceramics, plasters, etc.), and integrating other new elements (bay window, glazed walls). It is representative of all the buildings built in the city of Biskra, and all the Algerian country in recent years, bringing together the different materials, construction systems and techniques as well as for installed and integrated heating and air conditioning energy systems (HVAC). The building's façades (South-East, South-West and West) are not in keeping with the guidelines recommended for architecture in an arid region with a hot and dry climate [20] and not equipped with appropriate sun protection devices. Also, the building envelope is very varied, the components of which are (Figure 3): single wall 15cm, double wall 30cm in clay hollow brick with 5cm air blade, *Moucharabieh* with red wooden, glazed wall.

The thermal insulation realized in this building is very basic, limited by a distributed insulation type or sandwich (double wall with a blade of air of 05 cm). For the others shell components, no insulation was performed.

4. SIMULATION

This This Life Cycle Assessment is an experimental study, takes the form of an informatics simulation. It is conducted using the **Comfie-Pleiades** dynamic heat behavior simulation software (version 3.6.9.0, 2016) linked to the building environmental impact study software, **nova-Equer** (version 1.6.9.0, 2016). The programs are available, with a user license and very practical, subscribing to results and decision support guidelines especially for professionals in the building sector. For this study, *Ecoinvent* is the database used. It's provides well documented process data for thousands of products, helping you make truly informed choices about their environmental impact.

4.1 Protocol and simulation tools

As input to the simulation, the **Alcyone** software defines all the building data (geometry, materials...) and the site data (orientation, neighborhood, environment, close masks) as well as weather data from the city of Biskra, 'meteor norms' (version 7.1.0.0, 2016). The thermal zones of the building, which should have equivalent thermal behavior [21], are then defined.

Also, **Comfie-Pleiades** are the dynamic thermal simulation **DTS** software for buildings [22]. Using data on building materials, occupancy scenarios and weather conditions, the software calculates the energy requirements for heating and cooling and lighting of the building for a given period of time (up to one year).

The energy requirements already assessed are exported to **Nova-Equer**, which is the environmental impact assessment tool for buildings [23]. Other additional input data shall be provided to the software to perform life cycle analysis, such as the energy mix of electricity consumed, waste can be recycled, type of transport, etc...

The first simulation involves intervention at the origin, nature and type of insulation used for the walls of the building envelope (expanded polystyrene, cellulose wadding).

The first criteria for selected insulation are ecological [24]: renewable and recyclable raw materials, little grey energy, and C02 emissions for their manufacture, and low impact on indoor air quality and human health [25]. The second involves intervention on the insulation technique of the building envelope (the distributed, by the exterior or by the interior insulation) (Figure 4).

The study includes:

- a) The insulation implementation technique.
- b) Thermal quality levels of the building.
- c) Energy optimizations.
- d) Environmental impacts.

The classification is based on the simulation results for energy performance and environmental impacts (Table 1).



Figure 4. Insulation type of exterior walls

Table 1. Environmental indicators assessed

Environmental Indicator	Unit
Greenhouse effect	t CO ₂ eq.
Acidification	kg SO ₂ eq.
Cumulative Energy Demand	GJ
Water used	m ³
Inert waste produced	Tons
Exhaustion of ambiotic resources	kg E-15
Eutrophication	kg PO4 eq.
Ozone production photochemical	kg ethylene eq.
Aquatic ecotoxicity	m ³
Radioactive waste	dm ³
Human toxicity	kg
Odor	m³ air

4.2 The simulation reasons

This work involves modeling an office building in order to identify the optimal insulating materials (ecological materials, recycled materials, etc.), that enter into its envelope, as well as providing answers to the various techniques used to implement insulation. For this purpose, a functional unit was selected which is 1.00 m² of landscaped office area (Figure 5); it is the best assessment and comparison unit. Also, ISO 14044 defines the Functional Unit as "Quantified performance of a product system, intended to be used as a reference unit in a LCA". The FU will be used to weight and introduce the results of a LCA on a common basis. The FU will make it possible to compare analyses and make choices.

This unit includes the elements of the concrete structure, the envelope materials, the interior partitions, the coatings and paints, the carpentry and the type of glazing (single or double glazing), as well as the elements of the exterior layout (water space, vegetation, etc.) that affect the energy balance and the environmental impact. It also includes energy consumption, solar gains and occupancy rates into the office.



Figure 5. Graphic entry, and thermal zones of the building

4.2.1 Analysis of insulation type

This first level of simulation consists in studying the building in its initial state with all the technical solutions and the elements and treatments carried out (double wall, single glazing bays, structural and energy systems, etc.).

It involves modifying the insulation of the building envelope without changing the initial composition of the walls (extern wall 15cm/ Insulation/ Intern wall 10cm).

Two additional insulations were considered due to their outstanding thermal and environmental characteristics. The Expanded Polystyrene (synthetic origin, widely used in the construction sector and very available on the national market with different thickness and very accessible unit prices.), and Cellulose Wadding (chosen for its outstanding technical, insulating and environmental characteristics, it is a material from recycling and 100% recyclable).

4.2.2 Analysis of insulation techniques

In this second, it will be necessary to define the best systems for isolating the building envelope.

Three 03 techniques for the installation of insulation are then considered, and they are defined according to ministerial order approving the Regulatory Technical Document DTR-C3-T [26], of the Algerian thermal regulation of the building, existing:

- **a.** Distributed Insulation where it is placed between the two walls of the envelope.
- **b.** Interior Insulation, where the insulation is placed adjacent to the interior space.
- **c.**Exterior Insulation, where the insulation is placed in direct contact with the outside environment.

4.3 Occupancy and use scenarios

The main energy simulation conditions common to all building envelope configurations (types and techniques of insulation) are [27]:

- 1. Constant Temperature of 20°C.
- 2. Heating Scenario: 20°C (and stop at night).
- 3. Scenario of Air Conditioning: 25°C (with stop at night).
- 4. Dissipated power scenario: 4100 W
- 5. Occupancy of offices is 100% from 08.00AM to 17.00PM, and 00% the rest of the time.

Also, the data required for the life cycle analysis of the building are structured into five main themes:

- 1. Building materials.
- 2. Energy.
- 3. Water.
- 4. Waste.
- 5. User transport.

The conditions for the LCA environmental study of the building are then defined as follows:

- a) Life for the analysis of the building is 80 years.
- b) The life of the equipment is 20 years.
- c) Carpentry is 30 years.
- d) 10 years for coatings.

Also, a gas heating system is considered, and an electric air conditioning.

5. RESULTS AND DISCUSSIONS

By the thermal, technical and insulating characteristics of the materials (Table 2), their respective environmental balances (Table 3), a first classification is established.

Cellulose Wadding present a [28]: better thermal conductivity (λ) 0.042 W/m.K, specific heat 1900kJ/kg.K and especially and a very interesting phase shift time of 12h (Table 2).

Produced from the recycling of paper and cardboard, cellulose wadding, an ecological material, presents a positive environmental record.

It promotes excellent summer comfort, with a reduced amount of grey energy used 50kwh/m³, without any greenhouse effect and especially through its treatment at the end of life (100% recyclable) (Table 3).

The dynamic thermal simulation DTS has made it possible

to define all the energy requirements (energy for heating, for air conditioning, and lighting, and the water used...) to ensure the comfort of the users, whatever the composition of the wall studied (Table 4). They illustrate very remarkable differences in energy requirements, and allow a first classification of the different compositions of the wall.

The thermal criterion, and whatever variant is studied, opts for the use of Cellulose Wadding in the composition of the external wall. It has the lowest energy requirements relative to other insulating materials. In the second row we find Expanded Polystyrene, followed by the air blade (Table 5).

The environment impact is a result of the energy consumption rate and the degree of thermal performance. It's demonstrated by this study Life Cycle Analysis of the building (Table 6). The results obtained show that the 'Cellulose Wadding insulated Wall' has less impact on the environment than the 'Expanded Polystyrene insulated Wall' or the conventional wall insulated with an air blade, whatever the indicator is considered, and this record in proportions (Table 6). It can also be noted that the most important impact are: *consumption of resources, cumulative energy demand*, and *water used* followed by the *eutrophication*, and *acidification*, (Figures 8, 9).

Consequently, comparing the different phases of the building life cycle, the use phase is the one with the highest impact (Figures 7, 10).

Also, the construction phase (a shorter duration compared to the life cycle of the building) with impacts mainly in: *acidification, cumulative demand for energy, water used, production of photochemical ozone,* and release *inert waste* and *odors* (Tables 8, 9).

Table 2. Insula	ation technical	characteristics
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Characteristics	Technical Char	acteristics				
Insulation	Thermal	Density	Specific	Resistance	Time of	Hygroscopic
	conductivity	(kg/m^3)	heat	vapour	Phase Shift	capacity
	λ (W/m.K)		(kJ/kg.K)	diffusion (m)	Hour	
Air blade	0.026	1	1000	0	03	No
Expanded Polystyrene	0.032	10	1450	20	04	No
Cellulose Wadding	0.042	23	1900	2	12	normal

Table 3. Environmental characteristics of insulation

Characteristics		Ε	nvironmental Assessi	nent	
	Grey energy	Greenhouse	End	Nature	Comfort of
Insulation	used (kWh/m ³)	effect	of-life	of the	Summer
		(kgCO ₂ /UF)	treatment	insulation	Obtained
Expanded Polystyrene	450	10	100% in Landfill	Synthetic	9/20
Cellulose Wadding	50	-10	100% recyclable	From Recycling	18/20

Table 4. Energy requirements of wall composition

Variants		Distr	ibuted Insul	ation	Insulation b	y Exterior	Insulation by Interior		
		Air blade	Polystyrene	Cellulose	Polystyrene	Cellulose	Polystyrene	Cellulose	
Energy requirem	ents	1	2	Wadding 3	4	Wadding 5	6	Wadding 7	
Energy Heating	Kwh	10,082.00	888.00	9,327.00	9,327.00	8,694.00	9,344.00	8,628.00	
Energy Heating/m ²	Kwh/ m²	19.00	9.00	18.00	18.00	17.00	18.00	17.00	
Energy Air Condit	Kwh	30,772.00	20,350.00	29,567.00	29,567.00	28,774.00	29,384.00	28,851.00	
Energy Air Condit/m ²	Kwh/ m ²	59.00	213.00	57.00	57.00	55.00	56.00	55.00	

Table 5. Environmental impacts of wall composition

Environmental Impact	Dist	ibuted Insula	ation	Insulation	by Exterior	Insulation by Interior		
Environmental impact	Air b.1	EPS2	CWD3	EPS4	CWD5	EPS6	CWD7	
Greenhouse effect (t CO ₂ eq.)	797.21	753.98	751.46	586.65	533.69	755.70	747.99	
Acidification (kg SO ₂ eq.)	2,619.51	2,486.56	2,515.38	2,324.18	2,125.00	2,492.59	2,504.99	
Cumulative Energy Demand (GJ)	17,920.88	16,927.74	16,980.94	21,585.12	19,808.80	16,955.46	16,880.20	
Water Used (m ³)	35,821.18	35,133.86	35,379.54	37,519.84	35,975.52	35,162.42	35,319.37	
Inert Waste Produced (t)	476.58	470.60	471.93	453.43	447.21	470.85	471.46	
Exhaustion of Abiotic Resources (kg E-15)	6.22	5.88	5.93	9.93	8.56	5.88	5.87	
Eutrophication (kg PO ₄ eq.)	854.80	843.15	844.98	820.81	2,104.83	843.66	844.06	
Ozone Production Photochemical (kg ethylene eq.)	1,390.97	1,324.13	1,331.02	1,173.57	1,074.94	1,327.00	1,325.74	
A quetie Easteriaity (m3)	14,916	14,066	14 308	13,908	12 312	14 105	14,241	
Aquatic Ecotoxicity (m ³)	261.98	767.68	094.30	914.16	913.35	868.40	240.52	
Radioactive Waste (dm ³)	23.18	22.03	22.43	44.35	38.26	22.04	22.28	
Human Toxicity (kg)	3,413.08	3,249.66	3,283.02	3,007.39	2,771.97	3,257.05	3,270.15	
Odor (m ³ air)	8,570.37	8,060.43	7,894.46	4,845.60	4,378.50	8,077.86	7,852.38	

Table 6. Environmental Impacts by Life Cycle Phase. Wall insulated from outside with Expanded Polystyrene

Impact	Construction	Use	Renovation	Demolition	Total
Greenhouse Effect (t CO ₂ eq.)	83.37	502.47	-0.96	1.76	586.65
Acidification (kg SO ₂ eq.)	346.98	1,956.59	0.48	20.14	2,324.18
Cumulative Energy Demand (GJ)	1,002.54	20,539.14	14.63	28.81	21,585.12
Water Used (m ³)	562.84	36,941.85	1.64	13.51	37,519.84
Inert Waste Produced (t)	24.33	85.77	0.08	343.25	453.43
Exhaustion of Abiotic Resources (kg E-15)	0.29	9.63	0	0.01	9.93
Eutrophication (kg PO ₄ eq.)	37.92	779.66	0.08	3.15	820.81
Photochemical Ozone Production (kg ethylene eq.)	218.29	933.02	0.37	21.89	1,173.57
Aquatic Eco-Toxicity (m ³)	837,408.61	13,012 744.12	899.69	57,861.74	13,908 914.16
Radioactive Waste (dm ³)	1.99	42.24	0.02	0.11	44.35
Human Toxicity (kg)	494.33	2,486.80	2.05	24.21	3,007.39
Odor (Mm ³ air)	315.49	4,528.09	0.03	1.98	4,845.60

Table 7. Environmental Impacts by Life Cycle Phase. Wall insulated from outside with Cellulose Wadding

Impact	Construction	Use	Renovation	Demolition	Total
Greenhouse effect (t CO ₂ eq.)	83.29	449.60	-0.96	1.76	533.69
Acidification (kg SO ₂ eq.)	345.99	1,758.43	0.48	20.10	2,125
Cumulative Energy Demand (GJ)	999.98	18,765.42	14.63	28.77	19,808.80
Water used (m ³)	562.50	35,397.89	1.64	13.49	35,975.52
Inert waste produced (t)	24.29	80.16	0.08	342.68	447.21
Exhaustion of abiotic resources (kg E-15)	0.29	8.26	0	0.01	8.56
Eutrophication (kg PO ₄ eq.)	37.83	2,063.78	0.08	3.14	2,104.83
Photochemical ozone production (kg ethylene eq.)	217.68	835.04	0.37	21.85	1,074.94
Aquatic eco-toxicity (m ³)	834,117.06	11,420,130.83	899.69	57,765.76	12,312,913.35
Radioactive waste (dm ³)	1.99	36.15	0.02	0.11	38.26
Human toxicity (kg)	492.97	2,252.78	2.05	24.17	2,771.97
Odor (Mm ³ air)	314.82	4,061.67	0.03	1.98	4,378.50



Figure 6. Radar Diagram of different insulation of exterior walls







Figure 8. Ecoprofil of Impacts by Life Cycle Phase of building

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Figure 9. Numerical graphic of Impacts by Life Cycle Phase of building

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		Epuisement ressources abiotiques (kg E-15)					820.83
		Epuisement ressources abiotiques (kg E-15) Eutrophisation (kg PO4 eq.)	37.92	779.66	0.08	3.15	9.93 820.83 1 173.57 13 908 914.10
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Figure 10. Environmental Impacts by Life Cycle Phase of building

Table 8. Environmental Impacts by Life Cycle Phase of building

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Radioactive Waste (dm ³)	1.99	42.24	0.02	0.11	44.35
Human Toxicity (kg)	494.33	2,486.80	2.05	24.21	3,007.39
Odor (Mm ³ air)	315.49	4,528.09	0.03	1.98	4,845.60

Table 9. Environmental Impacts at the Use Phase of building

Impact	Heating	Sanitary Hot Water	Water	Specific Electricity	Air Conditioning	Transport	Total
Greenhouse effect (t CO ₂ eq.)	18.16	52.15	12.09	140.23	264.39	15.44	502.47
Acidification (kg SO ₂ eq.)	21.54	61.84	76.93	595.32	1,094.87	106.08	1,956.59
Cumulative Energy Demand (GJ)	337.10	967.92	387.14	11,577.70	7,015.31	253.97	20,539.14
Water used (m ³)	22.42	64.36	24,282.19	5,965.46	6,483.52	123.90	36,941.85
Inert waste produced (t)	1.48	4.24	2.07	27.96	45.20	4.83	85.77
Exhaustion of abiotic Resources (kg E-15)	0.09	0.27	0.07	6.39	2.68	0.12	9.63
Eutrophication (kg PO ₄ eq) Photochemical ozone	2.56	7.36	620.63	48.80	90.40	9.91	779.66
Production (kg ethylene eq)	18.23	52.35	21.58	264.34	489.72	86.79	933.02
Aquatic eco-toxicity (m ³)	80,855.3 2	232,164.51	312,562.3 3	4,401,319.53	7,474,072.85	511,769.6 0	13,012,744.1 2
Radioactive waste (dm ³)	0.11	0.33	0.87	29.72	10.95	0.26	42.24
Human toxicity (kg)	28.93	83.06	102.63	729.41	1,334.43	208.33	2,486.80
Odor (Mm ³ air)	344.67	989.67	30.97	1,089.41	2,050.89	22.50	4,528.09

Other, the renovation (Table 7) phase does not generate any impact, and the end-of-life phase has impacts on *inert waste* (Table 9).

The results of this study (Figure 6, radar diagrams) show that the cellulose wadding wall is the most interesting, from the point of view of energy and environmental optimization, relative to other wall.

According to the LCA life cycle analysis, the energy criterion associated with the environmental balance is favourable for the benefit of external insulation (Table 6).

This external insulation is easy to implement, very fast, eliminates thermal bridges and benefits from the thermal inertia of the walls.

The interior insulation has disadvantages: It favour's thermal bridges and condensation points, deprives the walls of thermal inertia, and reduces interior space, and also additional energy consumption.

Also, distributed insulation, at a new building, ensures a level of comfort but with very high energy consumption over the entire life cycle of the building (Figure 6).

6. CONCLUSIONS

The environmental assessment method used is Life Cycle Analysis LCA, in accordance with ISO 14040 to 14044. It combines different building materials and assemblies within the building envelope, using the Eco-Invent database and based on the Life Cycle Analysis Software, connected to dynamic thermal simulation software. The results highlight the construction and operation stages as well as those that have an impact on the environment. Then, the results of this study, it can be seen that for all impacts, cellulose wadding is a more environmentally friendly material than other insulating materials. Expanded polystyrene gives very acceptable thermal results, but very impactful on the environment. Insulation techniques also play a very decisive role in the energy aspect, closely linked to the environmental impacts generated.

Exterior insulation is also the most effective and has less impact than distributed insulation. And the interior insulation has more energy disadvantages than thermal advantages. The comparison of different walls, the exterior insulation system, obtained the best environmental scores, being 30% less than the interior insulation system and 50% less than the distributed insulation system.

Therefore, the exterior insulation is the most efficient as it eliminates in particular the thermal bridges, and allows to benefit from the thermal inertia of the walls. Also, given that cellulose wadding, should be used more in construction as an ecological material resulting from recovery and recycling, and no longer as waste.

It would also be more interesting to opt for the technique of insulation from the outside insulation for more energy savings and less environmental impacts. It's the most efficient as it eliminates in particular the thermal bridges, and allows to benefit from the thermal inertia of the walls. The results of this research can be used as an inventory of strategies for a sustainable building, including energy retrofits. It is an ecological approach, which helps to fight earth warming, the reduction of greenhouse gas emissions, and the reduction of the environmental impact. Also, life cycle analysis LCA is a strategy, and a decision-making tool, to contribute to this heavy environmental issue resulting from poor building design. This work shows how LCA application is not only feasible, but recommended because it is a decision support tool and a basic element in the search for sustainability.

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NOMENCLATURE

L.C.A.	Life cycle assessment /Life cycle analysis
DTS	Dynamic thermal simulation
HVAC	Heating, ventilation, air conditioning
DTR	Regulatory technical document.
Sd	Resistance to water vapour diffusion,m
d	Densité, kg/m ³
λ	Thermal conductivity, W.m ⁻¹ . K ⁻¹
ср	Specific heat, j
Ge	Greenhouse effect, kg/CO ₂ /UF
G E use	Grey energy use, kwh/m ³